SUPPORT FOR CALIFORNIA FAMILIES

Immigration Services

- <u>CalNEW</u> serves socioeconomically disadvantaged newcomer students, unaccompanied undocumented minors, English-learners, and immigrant families.
- **Immigration Help** may be available from state funded nonprofit organizations. See a provider list <u>here</u>.

Mental Health Resources

Adults Generally

- <u>CalHOPE</u> Warmline (833) 317-HOPE (4673) currently provides telephone and text-based services in English and Spanish. For callers requesting to receive support in other languages, the CalHOPE Warm Line provides telephone-based (not text-based) services via a third-party interpretation service (Language-Link), which offers telephonic interpretation in over 240 additional languages.
- 988 Suicide and Crisis Lifeline. This line also offers interpretation in 240 languages through Language Line Solutions. There is also a national 988 site in Spanish.
 Individuals can call or text 988, press 2, and get access to a Spanish-speaking counselor 24/7.

Flyer for Parents

• https://cybhi.chhs.ca.gov/wp-content/uploads/2024/09/CYBHI-Resouces-For-Parents_web-1.pdf

Flyer for Students

 https://cybhi.chhs.ca.gov/wp-content/uploads/2024/09/CYBHI-Resouces-For-Students_web-1.pdf

Online Resources:

- Soluna
- Brightlife Kids
- Never a Bother
- <u>Life Beyond</u>

California v. Hate Hotline

https://www.cavshate.org

Any victim of or witness to a hate incident or crime in California can report it and receive support by calling 833-8-NO-HATE; (833) 866-4283 Monday - Friday from 9:00 am – 6:00 pm. If outside of those hours, you can leave a voicemail, or you can call 211 to report hate and seek support.

You can currently submit reports online in 15 languages and, when calling the hotline, you can get access to support in over 200 languages. If you want to report a hate crime to law enforcement immediately or you are in present danger, please call 911.